

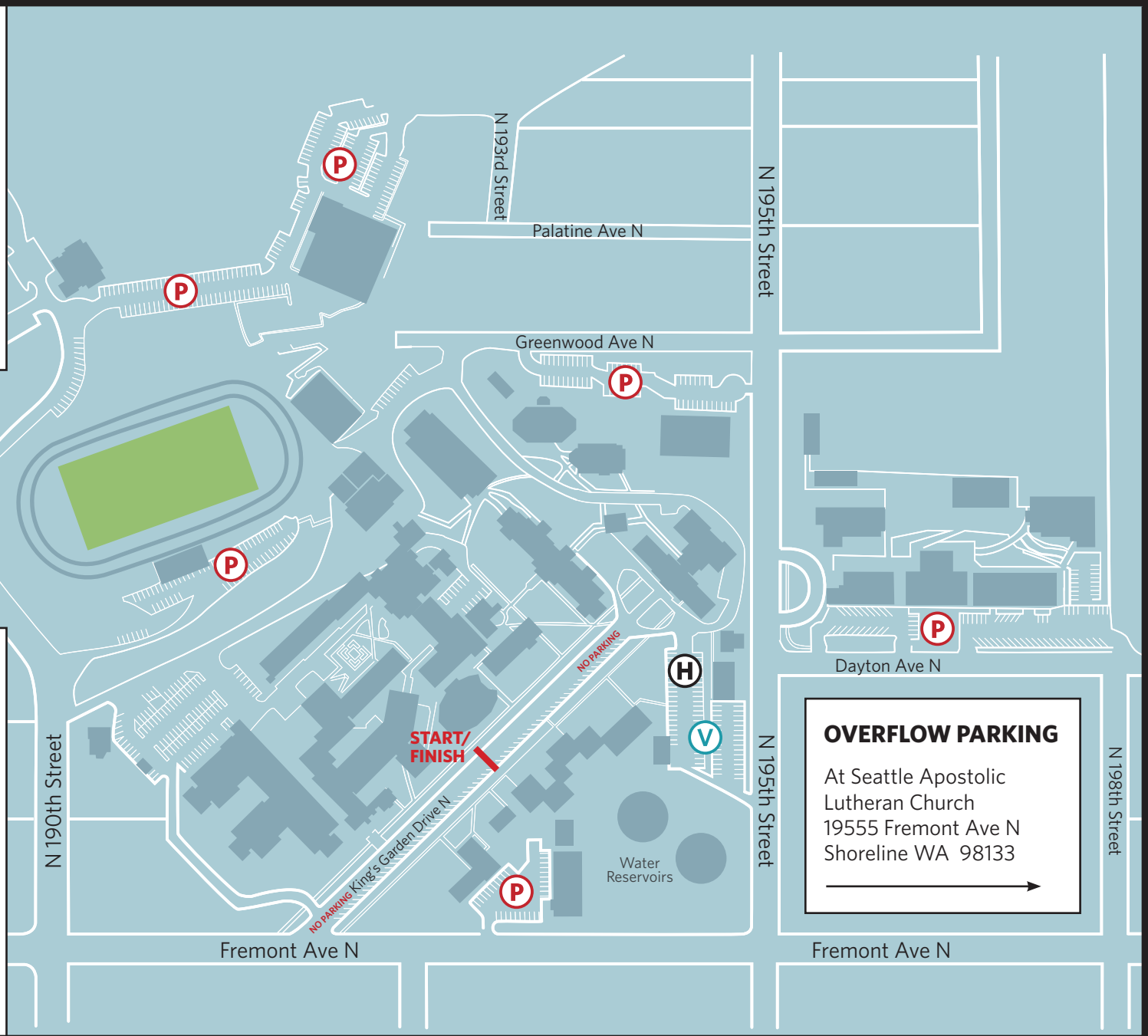


FREE THEM 5K

- P** Runner Parking
- V** Volunteer/Vendor Parking
- H** Handicap Parking

PRE-RACE INFORMATION

- » For all late registrations or to pick up packets, please go to the Check In/Registration booth in the grass near the start line.
- » Participants with T-shirts, race bibs and wristbands should go to the start line in the center of Kings Garden Drive. Start time is 9am.
- » Wristbands indicate what group you are in. Please start with your assigned group to avoid congestion on the course.



OVERFLOW PARKING
At Seattle Apostolic Lutheran Church
1955 Fremont Ave N
Shoreline WA 98133
→

Parking Options:

Please Carpool!

CRISTA CAMPUS

19303 Fremont Ave N, Seattle, WA 98133

Directions

I-5 Southbound

- Follow I-5 South and take exit 177 to merge onto WA-104 W/NE 205th St/Lake Ballinger Way
- Use the left 2 lanes to turn onto N 205th St, and follow N 205th St/ 244th St SW
- Turn left onto Fremont Ave N
- Parking volunteers will be directing vehicles from Fremont Ave N

I-5 Northbound

- Follow I-5 N to NE 175th St in Shoreline.
- Take exit 176 from I-5 N
- Follow NE 175th St and Fremont Ave N to Kings Garden Dr N

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SHORELINE PARK AND RIDE

**Shoreline P&R Accord, Shoreline, WA 98133
(192nd and Aurora)**

No Shuttle service – within walking distance

Walking Directions from Shoreline Park and Ride:

- Head north on Shoreline Park & Ride Accord toward N 192nd St
- Turn left onto N 192nd St
- Turn right onto Firlands Way N
- Turn left onto N 193rd St
- Turn left onto Fremont Ave N
- Turn right onto Kings Garden Dr N

Directions

I-5 Southbound

- Exit at 205th St. (exit #177)
- West on 205th Street to Aurora Ave. N. (Highway 99)
- Take a left and go south on Aurora
- Follow Aurora. After 192nd, turn right onto Shoreline Park and Ride Accord

I-5 Northbound

- Exit at 175th St (exit #176)
- West on 175th Street to Aurora Ave. N. (Highway 99)
- Follow Aurora Ave N. After Sky Nursery, take a left onto Shoreline P&R Accord